



# Farmers' Market L.I.F.E. Tours

## CalFresh customers receive up to \$10 free for every \$10 spent!

When: Tuesday, September 6th at 11:00 am  
Where: 320 N. McDowell Blvd., Petaluma  
Lucchesi Park



- ★ Learn how to double your CalFresh benefits at the market with Market Match
- ★ Meet the farmers that grow your food and get tips on how to make your market dollars go further
- ★ Learn and share cooking and nutrition tips

All tour participants will get a free cookbook and recipe cards courtesy of Center for Well-Being and Sonoma County Department of Health Services.

Questions? Go to [www.farmersmarketlife.org](http://www.farmersmarketlife.org) or (707) 364-9118

In partnership with the following  
Farmers' Market organizations:



Agricultural Community Events  
Farmers Markets



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