

## Bounty CSA Box, 7/26/16

[www.petalumabounty.org](http://www.petalumabounty.org)

Bounty Community Farm



### Produce this week

#### Box & Farm Stand

Green Beans  
Potatoes  
Parsley  
Tomatoes  
Cucumbers  
Summer squash  
Apples  
Lettuce  
Torpedo onions  
Carrots  
Garlic

#### At Farm Stand

Strawberries  
Peppers  
Salad mix  
Basil  
Radishes

### Recipe of the week

#### *Potato Salad with Green Beans*

1 ½ to 2 pounds fingerling potatoes  
1 pound green beans, trimmed  
Several cloves garlic, minced  
1/3 cup loosely packed parsley  
1/2 teaspoon sea salt  
1 teaspoon lemon zest  
1/4 cup extra virgin olive oil  
1/4 cup freshly squeezed lemon juice

Place potatoes in a large pot and cover with cold water by a couple inches. Bring to a boil and cook until the potatoes are tender when pierced with a fork, about 20 minutes. Drain and rinse under cold water.

Bring another pot of water to a boil and the green beans. Boil for a couple minutes then strain them and run under cold water.

In a small bowl, add the garlic, parsley, salt, lemon zest, olive oil, and lemon juice and whisk together.

Cut the potatoes into 1 inch chunks. Cut the beans in half and toss with the potatoes. Pour dressing over the top and stir to coat.

### This week at the farm

Bounty Community Farm is bursting with life! The crops are maturing in the fields with the summer sun and people are visiting the farm and bringing another kind of life and learning.

This week we have dug up the first of our potatoes, and are offering them with other summer crops, and the first of our tree's apples. The recipe this week utilizes the potatoes, green beans, garlic and parsley. Enjoy another taste of summer!

### Come play on the Farm!

Come on out and volunteer at the farm! Our volunteer days are great for the whole family – both kids and adults are welcome to come help weed, harvest, and plant our beautiful vegetables! Call or email with questions: [farm@petalumabounty.org](mailto:farm@petalumabounty.org) or 707-364-4833

#### Volunteer Hours:

Thursday from 9 am – 12 pm

Saturdays from 9 am – 12 pm

### ALIVE Education Program

Do you have a child between the ages of 8-14? We are accepting new participants in our healthy living and eating education program.

We meet Tuesday evenings for 6 weeks on the farm for fun and activities. Free program and every family walks away with free

produce! Email

[education@petalumabounty.org](mailto:education@petalumabounty.org) or call 707-364-4866.

### Limited Bounty Boxes Available

If you are interested in receiving a weekly Bounty Box and want to commit for the season, email

[bountybox@petalumabounty.org](mailto:bountybox@petalumabounty.org) to sign-up and for more information!