



## Bounty CSA Bag, 9/13/16

[www.petalumabounty.org](http://www.petalumabounty.org)

Bounty Community Farm

### Produce this week

#### Bag & Farm Stand

Strawberries  
Melons  
Tomatoes  
Sweet Peppers  
Squash  
Onions  
Leeks  
Carrots  
Lettuce  
Cilantro

#### At Farm Stand

Kale  
Collards  
Parsley  
Basil  
Beans

### Recipe of the week:

#### *Potato Leek Soup*

#### Ingredients:

8 cups chicken or vegetable stock  
6 russet potatoes, peeled and cut into large pieces  
4 leeks (whites only), thoroughly washed and sliced  
3 stalks celery, roughly chopped  
1 bay leaf  
1 1/2 teaspoons finely chopped fresh thyme  
Salt and freshly ground pepper  
1 cup heavy cream

#### Preparation:

Put the stock, potatoes, leeks, celery, bay leaf and thyme in a large pot and sprinkle with salt and pepper. Boil until the potatoes are soft, 15 to 20 minutes.

Remove the bay leaf. Using an immersion blender (or in batches in a blender or food processor), blend the soup until smooth. Pour the soup into a medium pot; add the cream and simmer until the soup has thickened, about 20 minutes.

### This week at the farm

This week we have colorful variety of fruits and vegetables for you, with a comeback of cilantro and leeks as the new allium on the scene. We are growing over 10 varieties of tomatoes and 10 varieties of sweet peppers at the farm, and you are receiving a mix of those. If you ever fall in love with any one particular variety of vegetable or fruit in your bag and want to try growing in yourself, please ask us and we will help identify the variety!

We value you as our Food Bag member, and are open to any suggestions! We would also love to incorporate you into other programs and events at Bounty Farm, so let us know what you would like to see!

### Come volunteer on the Farm!

Come on out and volunteer at the farm! Our volunteer days are great for the whole family – both kids and adults are welcome to come help weed, harvest, and plant our beautiful vegetables! Call or email with questions: [farm@petalumabounty.org](mailto:farm@petalumabounty.org)

#### Volunteer Hours:

Thursday from 9 am – 12 pm  
Saturdays from 9 am – 12 pm

### ALIVE Education Program

Do you have a child between the ages of 8-14? We are accepting new participants in our healthy living and eating education program. We meet Tuesday evenings for 6 weeks on the farm for fun and activities. Free program and every family walks away with free produce! Email [education@petalumabounty.org](mailto:education@petalumabounty.org) or call 707-364-4866.