

Food Resources for Seniors

There are many resources throughout Sonoma County that support seniors in finding fresh food. Please note this list is not exhaustive but is meant to be a starting place.

Redwood Empire Food Bank	Serves seniors in Sonoma County through services such as Groceries to Go, Senior Basket, CalFresh application assistance, and a Food Finder	getfood.refb.org (707) 523-7903
CalFresh Sonoma County	You can apply online or in person for CalFresh benefits. You can apply online at getcalfresh.org or in-person at the Economic Assistance (2550 Paulin Drive, Santa Rosa) or Human Services South Sonoma County Center (5350 Old Redwood Highway, Suite 100)	
Council on Aging	Serves seniors in Sonoma County (excluding Petaluma and Penngrove) through services such as Meals on Wheels and Community Tables	councilonaging.com/meals-on-wheels councilonaging.com/community-table (707) 525-0143
Petaluma People Services Center	Serves seniors in Petaluma, Penngrove, and to Two Rock through Meals on Wheels and the Senior Cafe	petalumapeople.org/seniors/ (707) 765-8488

Would you like to see continued funding and an expansion of this program? If so, reach out to your local representative to share how the program has helped or could help you in the future! This program is funded by the California Department of Food and Agriculture (CDFA).

State Assembly		
Jim Wood	2nd Assembly District Santa Rosa and Healdsburg	(707) 576-2526 (916) 319-2002 a02.asmdc.org/contact
Cecilia M. Aguiar-Curry	4th Assembly District City of Sonoma	(916) 319-2004 /a04.asmdc.org/contact-me-0
Damon Connolly	12th Assembly District Santa Rosa, Petaluma, Marin	(707) 576-2631 (707) 576-2631 a12.asmdc.org/contact
State Senate		
Mike McGuire	Senate District 2 Petaluma, Santa Rosa, Healdsburg	(707) 576-2771 senator.mcguire@senate.ca.gov
Bill Dodd	Senate District 3 Sonoma, Cotati, and Rohnert Park	(707) 576-2093 sd03.senate.ca.gov/contact

Recursos Alimentarios Para Personas Mayores

Hay muchos recursos en todo el condado de Sonoma que ayudan a las personas mayores a encontrar alimentos frescos. Tenga en cuenta que esta lista no está completa, sino que pretende ser un punto de partida.

Redwood Empire Food Bank	Sirve a las personas mayores en el condado de Sonoma a través de servicios como Groceries to Go, Senior Basket, asistencia con la solicitud de CalFresh y un Buscador de Comida	getfood.refb.org (707) 523-7903
CalFresh Sonoma County	Puede solicitar los beneficios de CalFresh en línea o en persona. Puede presentar su solicitud en línea en getcalfresh.org o en persona en Asistencia Económica (2550 Paulin Drive, Santa Rosa) o Servicios Humanos en el Centro del Sur del Condado de Sonoma (5350 Old Redwood Highway, Suite 100)	
Council on Aging	Atiende a personas mayores en el condado de Sonoma (excluyendo Petaluma y Penngrrove) a través de servicios como Meals on Wheels y Community Tables	councilonaging.com/meals-on-wheels councilonaging.com/community-table (707) 525-0143
Petaluma People Services Center	Atiende a personas mayores en Petaluma, Penngrrove y Two Rock a través de Meals on Wheels y Senior Cafe	petalumapeople.org/seniors (707) 765-8488

¿Le gustaría ver un financiamiento continuo y una expansión de este programa? Si es así, comuníquese con su representante local para compartir cómo el programa lo ha ayudado o podría ayudarlo en el futuro. Este programa está financiado por el Departamento de Alimentos y Agricultura de California (CDFA).

Asamblea del Estado		
Jim Wood	2nd Distrito de Asamblea Santa Rosa and Healdsburg	(707) 576-2526 (916) 319-2002 a02.asmdc.org/contact
Cecilia M. Aguiar-Curry	4th Distrito de Asamblea City of Sonoma	(916) 319-2004 /a04.asmdc.org/contact-me-0
Damon Connolly	12th Distrito de Asamblea Santa Rosa, Petaluma, Marin	(707) 576-2631 (707) 576-2631 a12.asmdc.org/contact
Senado Estatal		
Mike McGuire	Distrito del Senado 2 Petaluma, Santa Rosa, Healdsburg	(707) 576-2771 senator.mcguire@senate.ca.gov
Bill Dodd	Distrito del Senado 3 Sonoma, Cotati, and Rohnert Park	(707) 576-2093 sd03.senate.ca.gov/contact