



2024 Petaluma Bounty 5th Annual Fall Plant Sale Plant List

Bunching Brassicas	
Kale - Red Ursa (Siberian/Red Russian cross)	Red Ursa Kale is the result of a stabilized cross between Red Russian and True Siberian kales. Resistance to frost and bolting extends harvest season. Colorful and tender frilled purple and green leaves form on 24 to 30 in. plants. One of the hardiest and most tender-leaved of all kales with a mild, sweet flavor. Full of nutrients.
Kale - Dino	Italian heirloom with blue-green leaves that stay tender through heat and frost. Packed with nutrients. Delicious sautéed, in soups and pasta dishes. An essential ingredient of caldo verde (green broth), a popular soup in Portugal. Also known as Tuscan or Lacinato Kale, this Italian heirloom dates back to the 18th century. By whatever name, the sweeter, milder, blue-green, heavily crinkled strap leaves impart excellent flavor, especially harvested young and after first frost.
Collards - Vates	Large, dark green, cabbage-like leaves retain eating quality for up to 2 weeks or longer. Bolt and frost resistant. Collards need a fertile, well-drained soil high in organic matter with a pH range of 6.0-7.5. Consistent moisture will produce the best quality leaves. Excellent variety for boiling.
Chard - Red	Vigorous grower with a long growing season. Packed with vitamins and minerals, young leaves are great for salads. Any size leaves can be steamed, stir-fried, added to lasagna, omelets, soups, and stews, and mixed with other greens.
Bunching Greens Mix	Chard, Dino Kale, Red Ursa Kale, Collards
Heading Brassica	
Broccoli - Waltham	Introduced in 1954, Waltham is a standard type broccoli, which produces 4-8 inch green heads that are nicely flavored. They are a compact plant that also produces some side shoots.
Cabbage - Red Acre	Red Acre cabbage is an early maturing red cabbage that grows to about 7 inches in diameter and weighs about 3 pounds each. Red Acre is resistant to cabbage yellowing and is great for home gardens that have little space. Red Acre cabbage stores better than just about any other early cabbage variety. Great raw or for coleslaw use.
Cabbage - Early Jersey	Early Jersey is an heirloom cabbage variety that quickly produces large, dense, elongated 7" heads, with a distinctly sweet flavor that is ideal for eating raw in salads and slaws, cooking or pickling. Weighing 2-3 lb., the heads have a small core and good protective wrapper leaves.
Cauliflower - Rober	Productive and adaptable. Rober can produce large, 12-inch heads with tight curds, despite fluctuations in temperature that would ruin many other varieties. This is a reliable and tasty variety from Poland.
Brussel sprouts - Long Island	Compact plants grow up to 24 inches tall and produce massive amounts of tight, tender heads that average 1 1/2" in diameter. Relative maturity is 100 days from sowing. A single stalk of this variety can bear 50-100 dark-green sprouts (florets) over an extended period. Edible florets mature from the bottom up and take on sweeter tones after a light frost. Toward the end of the growing season, cut off the top 4-6 inches of the plant to force it to put its energy into the existing sprouts; the remaining sprouts should mature in 3-6 weeks.
Romanesco	A true and popular Italian heirloom with stunning, apple-green heads that are superbly flavored. Its fractal form is a fascinating logarithmic Fibonacci spiral. This variety is widely grown in northern Italy. A must with many of the finest chefs.
Heading Brassica Mix #1	Broccoli, Romanesco, Cauliflower
Heading Brassica Mix #2	Broccoli, Red cabbage, Brussel sprouts
Roots	
Beets - Detroit Reds	Detroit has been the leading crop beet for the last 20 years, but has been grown for over 100 years. It has bright beautiful red flesh. Freezes & cans well with exceptional flavor. Easy to grow and tastes great.
Peas	
Snow pea - Oregon Sugar Pod II	Oregon Sugar Pod II produces a huge number of 4" delicious pods that are harvested and eaten when the pods are flat, before the seeds form. Short, 28" vines are easy to manage. Resists mildew, pea enation virus, and leaf roll. Excellent freezer and late-summer variety. Grow on a trellis.
Sugar snap pea - Sugar Bon	The Sugar Bon pea is a delightful dwarf variety that matures early, is suitable for spring or fall planting, and produces sublimely sweet 3-inch pods borne on 1-2 foot tall plants. Plants produce mega yields of the crispy, crunchy sweet and snackable peas that have both edible pods and peas. This early, high yielder is tidy and prolific, making it a perfect choice for tucking into square-foot gardens, under row covers in cool weather, or for mingling in your cottage garden among the flowers or in tidy container gardens.
Herbs	
Dill	Prefers well drained, poor soil for best flavor. Harvest leaves as needed, or cut entire plant when seeds have formed at the tops of the 3-4 foot tall plants. Often reseeds itself. 8-12 hours of sun. Plant spacing: 2-4". Frost hardy. Early to flower with large seed heads. Excellent in pickles and used to flavor many other foods.
Cilantro	An ideal planting site for cilantro should have loose, well-drained soil. It can handle either full sun or partial shade but tends to prefer some afternoon shade in warmer climates. A loose, loamy, fast-draining soil with a slightly acidic soil pH is best. You can begin to harvest leaves once the plants are around 6 inches tall, which typically occurs around three to four weeks after you first sow seeds. Harvest the leaves you need by pinching back portions of the upper stem, which promotes new growth and fuller plants. Aim not to take more than a third of the leaves at a time.
Scallions - Evergreen	This perennial non-bulbing onion is remarkably versatile. It stays tender and mild regardless of the stage at which it is harvested. It can be sown in succession for a continuous harvest of small scallions or treated more like a perennial and divided in the spring.
Mix	Cilantro, Dill, Chives
Tender Greens	
Lettuce Heads Mix #1	Little Gem, Lunix, Bronze Beauty
Salad Mix	A farm mix of different lettuces for baby greens
Kale mix	A farm mix of different kales for baby greens
Arugula Rocket	Wild Rocket arugula is the perfect marriage of gourmet flavor and wild-foraged nutrient density. The mouth-watering spicy flavor of these greens is an indicator of the presence of glucosinolates, the phytochemicals common to those good-for-you cruciferous vegetables. Rocket also contains calcium and vitamins, especially A and K, as well as zeaxanthin and lutein, which have been shown to support eye and vision health. Plant spacing: 6", frost hardy.
Spinach - Space	This is a true three season spinach: heat tolerant and slow bolting, yet also resistant to the mildew that makes fall spinach so chancy. Quick growing -- ready in 40 days or less. Upright habit with smooth, rounded dark green leaves. High nutrition crop that freezes well, blanched and packed in airtight bags.
Pak choi	
Pak Choi - Dwarf	Non-heading Chinese cabbage with large green leaves. Cold tolerant with a mild, peppery flavor and tender-crisp texture.
Tatsoi - Chijimisai	A runaway winner of the Baker Creek tasting and growing trials, this stunning new superfood contains a high amount of vitamin A! It is also a great source of minerals and protein. A cross between two of the most delicious and hardy greens -- tatsoi and komatsuna -- the lightly savoyed leaves of Chijimisai have a velvety texture and lightly umami flavor that make it a remarkable spinach substitute. This innovative "new" heirloom Asian green is both heat and cold tolerant, making it suitable to grow year round in most growing zones, save for the extreme seasons of some climates. This quick and easy-to-grow green is phenomenally tasty and more versatile than other greens. It is equally happy in stir fries and soups as it is in salads, lasagna or atop pizzas. Sure to be the next culinary craze and must-have market gardeners' green, no patch of greens should be without Chijimisai!